

REFRIGERATED • KEEP REFRIGERATED

FRESH & READY
FOODS

**TURKEY & CHEESE
CROISSANT SANDWICH**
A CRISPER SANDWICH
420 CAL
PER SANDWICH

NET WT. 6.06 (170g)

TURKEY & CHEESE CROISSANT SANDWICH:
This product is made with real turkey, cheddar cheese, and a special croissant roll. It is a delicious and convenient meal option. The sandwich is made with a soft, buttery croissant roll, filled with sliced turkey, cheddar cheese, and a special sauce. It is a great choice for a quick breakfast or lunch.

INGREDIENTS: TURKEY, CHEESE, BREAD, SAUCE, BUTTER, SALT, PEPPER, ONIONS, GARLIC, HERBS, SPICES, YEAST, EGGS, MILK, SUGAR, VITAMIN D, NIACIN, RIBOFLAVIN, THIAMINE, FOLIC ACID, PANTOTHENIC ACID, B12, B6, B3, B1, B2, B5, B7, B9, B10, B11, B12, B13, B14, B15, B16, B17, B18, B19, B20, B21, B22, B23, B24, B25, B26, B27, B28, B29, B30, B31, B32, B33, B34, B35, B36, B37, B38, B39, B40, B41, B42, B43, B44, B45, B46, B47, B48, B49, B50, B51, B52, B53, B54, B55, B56, B57, B58, B59, B60, B61, B62, B63, B64, B65, B66, B67, B68, B69, B70, B71, B72, B73, B74, B75, B76, B77, B78, B79, B80, B81, B82, B83, B84, B85, B86, B87, B88, B89, B90, B91, B92, B93, B94, B95, B96, B97, B98, B99, B100, B101, B102, B103, B104, B105, B106, B107, B108, B109, B110, B111, B112, B113, B114, B115, B116, B117, B118, B119, B120, B121, B122, B123, B124, B125, B126, B127, B128, B129, B130, B131, B132, B133, B134, B135, B136, B137, B138, B139, B140, B141, B142, B143, B144, B145, B146, B147, B148, B149, B150, B151, B152, B153, B154, B155, B156, B157, B158, B159, B160, B161, B162, B163, B164, B165, B166, B167, B168, B169, B170, B171, B172, B173, B174, B175, B176, B177, B178, B179, B180, B181, B182, B183, B184, B185, B186, B187, B188, B189, B190, B191, B192, B193, B194, B195, B196, B197, B198, B199, B200, B201, B202, B203, B204, B205, B206, B207, B208, B209, B210, B211, B212, B213, B214, B215, B216, B217, B218, B219, B220, B221, B222, B223, B224, B225, B226, B227, B228, B229, B230, B231, B232, B233, B234, B235, B236, B237, B238, B239, B240, B241, B242, B243, B244, B245, B246, B247, B248, B249, B250, B251, B252, B253, B254, B255, B256, B257, B258, B259, B260, B261, B262, B263, B264, B265, B266, B267, B268, B269, B270, B271, B272, B273, B274, B275, B276, B277, B278, B279, B280, B281, B282, B283, B284, B285, B286, B287, B288, B289, B290, B291, B292, B293, B294, B295, B296, B297, B298, B299, B300, B301, B302, B303, B304, B305, B306, B307, B308, B309, B310, B311, B312, B313, B314, B315, B316, B317, B318, B319, B320, B321, B322, B323, B324, B325, B326, B327, B328, B329, B330, B331, B332, B333, B334, B335, B336, B337, B338, B339, B340, B341, B342, B343, B344, B345, B346, B347, B348, B349, B350, B351, B352, B353, B354, B355, B356, B357, B358, B359, B360, B361, B362, B363, B364, B365, B366, B367, B368, B369, B370, B371, B372, B373, B374, B375, B376, B377, B378, B379, B380, B381, B382, B383, B384, B385, B386, B387, B388, B389, B390, B391, B392, B393, B394, B395, B396, B397, B398, B399, B400, B401, B402, B403, B404, B405, B406, B407, B408, B409, B410, B411, B412, B413, B414, B415, B416, B417, B418, B419, B420, B421, B422, B423, B424, B425, B426, B427, B428, B429, B430, B431, B432, B433, B434, B435, B436, B437, B438, B439, B440, B441, B442, B443, B444, B445, B446, B447, B448, B449, B450, B451, B452, B453, B454, B455, B456, B457, B458, B459, B460, B461, B462, B463, B464, B465, B466, B467, B468, B469, B470, B471, B472, B473, B474, B475, B476, B477, B478, B479, B480, B481, B482, B483, B484, B485, B486, B487, B488, B489, B490, B491, B492, B493, B494, B495, B496, B497, B498, B499, B500, B501, B502, B503, B504, B505, B506, B507, B508, B509, B510, B511, B512, B513, B514, B515, B516, B517, B518, B519, B520, B521, B522, B523, B524, B525, B526, B527, B528, B529, B530, B531, B532, B533, B534, B535, B536, B537, B538, B539, B540, B541, B542, B543, B544, B545, B546, B547, B548, B549, B550, B551, B552, B553, B554, B555, B556, B557, B558, B559, B560, B561, B562, B563, B564, B565, B566, B567, B568, B569, B570, B571, B572, B573, B574, B575, B576, B577, B578, B579, B580, B581, B582, B583, B584, B585, B586, B587, B588, B589, B590, B591, B592, B593, B594, B595, B596, B597, B598, B599, B600, B601, B602, B603, B604, B605, B606, B607, B608, B609, B610, B611, B612, B613, B614, B615, B616, B617, B618, B619, B620, B621, B622, B623, B624, B625, B626, B627, B628, B629, B630, B631, B632, B633, B634, B635, B636, B637, B638, B639, B640, B641, B642, B643, B644, B645, B646, B647, B648, B649, B650, B651, B652, B653, B654, B655, B656, B657, B658, B659, B660, B661, B662, B663, B664, B665, B666, B667, B668, B669, B670, B671, B672, B673, B674, B675, B676, B677, B678, B679, B680, B681, B682, B683, B684, B685, B686, B687, B688, B689, B690, B691, B692, B693, B694, B695, B696, B697, B698, B699, B700, B701, B702, B703, B704, B705, B706, B707, B708, B709, B710, B711, B712, B713, B714, B715, B716, B717, B718, B719, B720, B721, B722, B723, B724, B725, B726, B727, B728, B729, B730, B731, B732, B733, B734, B735, B736, B737, B738, B739, B740, B741, B742, B743, B744, B745, B746, B747, B748, B749, B750, B751, B752, B753, B754, B755, B756, B757, B758, B759, B760, B761, B762, B763, B764, B765, B766, B767, B768, B769, B770, B771, B772, B773, B774, B775, B776, B777, B778, B779, B780, B781, B782, B783,



fresh
TAKE
CRAVE AWAY

Garlic Pesto Pasta

NET WT. 9.5 OZ (269g) 6-FTSLBP5002
600 CAL

[illegible]

fresh
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Crave AWAY

**CHICKEN SALAD
MULTIGRAIN SANDWICH**

NET WT. 6 OZ (170g) **6-FTSLEPM0005
460 CAL**

[illegible]

fresh
TAKE
CRAVE AWAY

HAM & CHEESE MEGA SANDWICH

NET WT. 8.5 OZ (241g)

4-776L8W0032
540 CAL

[illegible]



TURKEY & CHEESE MEGA SANDWICH
NET WT. 8.5 OZ (241g) 6.718.88001
520 CAL PER SERVING

TURKEY & CHEESE MEGA SANDWICH

INGREDIENTS: TURKEY BREAST, CHEDDAR CHEESE, MAYONNAISE, BUTTER, WHITE BREAD, SALT, PEPPER, GARLIC, ONION, CELERY, CARROT, POTATO, CORN, BEANS, TOMATO, CUCUMBER, PARSLEY, DILL, CHIVES, LEMON JUICE, VINEGAR, MUSTARD, KETCHUP, MAYONNAISE, BUTTER, WHITE BREAD, SALT, PEPPER, GARLIC, ONION, CELERY, CARROT, POTATO, CORN, BEANS, TOMATO, CUCUMBER, PARSLEY, DILL, CHIVES, LEMON JUICE, VINEGAR, MUSTARD, KETCHUP.

CONTAINS: MEAT, SOY, WHEAT, PEANUT

Nutrition Facts	
Amount Per Serving	
Total Fat	15g
Sodium	1,200mg
Total Crap	520

NET WT. 8.5 OZ (241g) 6.718.88001



TURKEY & CHEESE POCACCIA SANDWICH
NET WT. 9 OZ (257g) 6.718.88001
470 CAL PER SERVING

TURKEY & CHEESE POCACCIA SANDWICH

INGREDIENTS: TURKEY BREAST, CHEDDAR CHEESE, MAYONNAISE, BUTTER, POCACCIA BREAD, SALT, PEPPER, GARLIC, ONION, CELERY, CARROT, POTATO, CORN, BEANS, TOMATO, CUCUMBER, PARSLEY, DILL, CHIVES, LEMON JUICE, VINEGAR, MUSTARD, KETCHUP.

CONTAINS: MEAT, SOY, WHEAT, PEANUT

Nutrition Facts	
Amount Per Serving	
Total Fat	15g
Sodium	1,200mg
Total Crap	470

NET WT. 9 OZ (257g) 6.718.88001



EL CUBANO SANDWICH
NET WT. 8 OZ (227g) 6.718.88001
610 CAL PER SERVING

EL CUBANO SANDWICH

INGREDIENTS: HAM, CHEDDAR CHEESE, MAYONNAISE, BUTTER, WHITE BREAD, SALT, PEPPER, GARLIC, ONION, CELERY, CARROT, POTATO, CORN, BEANS, TOMATO, CUCUMBER, PARSLEY, DILL, CHIVES, LEMON JUICE, VINEGAR, MUSTARD, KETCHUP.

CONTAINS: MEAT, SOY, WHEAT, PEANUT

Nutrition Facts	
Amount Per Serving	
Total Fat	15g
Sodium	1,200mg
Total Crap	610

NET WT. 8 OZ (227g) 6.718.88001



PBJ CRUNCH SANDWICH ON COUNTRY WHITE
NET WT. 6 OZ (170g) 6.718.88002
610 CAL PER SERVING

PBJ CRUNCH SANDWICH ON COUNTRY WHITE

INGREDIENTS: PBJ CRUNCH, CHEDDAR CHEESE, MAYONNAISE, BUTTER, COUNTRY WHITE BREAD, SALT, PEPPER, GARLIC, ONION, CELERY, CARROT, POTATO, CORN, BEANS, TOMATO, CUCUMBER, PARSLEY, DILL, CHIVES, LEMON JUICE, VINEGAR, MUSTARD, KETCHUP.

CONTAINS: MEAT, SOY, WHEAT, PEANUT

Nutrition Facts	
Amount Per Serving	
Total Fat	15g
Sodium	1,200mg
Total Crap	610

NET WT. 6 OZ (170g) 6.718.88002



PROTEIN SNACK
NET WT. 3 OZ (85g)

PROTEIN SNACK

INGREDIENTS: PROTEIN POWDER, SWEETENERS, FLAVORS, OILS, AND OTHER NATURAL INGREDIENTS.

Nutrition Facts	
Amount Per Serving	
Total Fat	15g
Sodium	1,200mg
Total Crap	460

NET WT. 3 OZ (85g) 6.718.88001



HAM & CHEESE ON WHEAT SANDWICH
NET WT. 5 OZ (142g)

HAM & CHEESE ON WHEAT SANDWICH

INGREDIENTS: HAM, CHEDDAR CHEESE, MAYONNAISE, BUTTER, WHEAT BREAD, SALT, PEPPER, GARLIC, ONION, CELERY, CARROT, POTATO, CORN, BEANS, TOMATO, CUCUMBER, PARSLEY, DILL, CHIVES, LEMON JUICE, VINEGAR, MUSTARD, KETCHUP.

CONTAINS: MEAT, SOY, WHEAT, PEANUT

Nutrition Facts	
Amount Per Serving	
Total Fat	15g
Sodium	1,200mg
Total Crap	360

NET WT. 5 OZ (142g) 6.718.88001



CAPRESE ON BAGUETTE SANDWICH
NET WT. 6.5 OZ (184g) 6.718.88001
580 CAL PER SERVING

CAPRESE ON BAGUETTE SANDWICH

INGREDIENTS: CAPRESE SALAD, CHEDDAR CHEESE, MAYONNAISE, BUTTER, BAGUETTE, SALT, PEPPER, GARLIC, ONION, CELERY, CARROT, POTATO, CORN, BEANS, TOMATO, CUCUMBER, PARSLEY, DILL, CHIVES, LEMON JUICE, VINEGAR, MUSTARD, KETCHUP.

CONTAINS: MEAT, SOY, WHEAT, PEANUT

Nutrition Facts	
Amount Per Serving	
Total Fat	15g
Sodium	1,200mg
Total Crap	580

NET WT. 6.5 OZ (184g) 6.718.88001



CAPRESE ON BAGUETTE SANDWICH
NET WT. 6.5 OZ (184g) 6.718.88001
580 CAL PER SERVING

CAPRESE ON BAGUETTE SANDWICH

INGREDIENTS: CAPRESE SALAD, CHEDDAR CHEESE, MAYONNAISE, BUTTER, BAGUETTE, SALT, PEPPER, GARLIC, ONION, CELERY, CARROT, POTATO, CORN, BEANS, TOMATO, CUCUMBER, PARSLEY, DILL, CHIVES, LEMON JUICE, VINEGAR, MUSTARD, KETCHUP.

CONTAINS: MEAT, SOY, WHEAT, PEANUT

Nutrition Facts	
Amount Per Serving	
Total Fat	15g
Sodium	1,200mg
Total Crap	580

NET WT. 6.5 OZ (184g) 6.718.88001



PBJ CRUNCH SANDWICH ON COUNTRY WHITE
NET WT. 6 OZ (170g)

PBJ CRUNCH SANDWICH ON COUNTRY WHITE

INGREDIENTS: PBJ CRUNCH, CHEDDAR CHEESE, MAYONNAISE, BUTTER, COUNTRY WHITE BREAD, SALT, PEPPER, GARLIC, ONION, CELERY, CARROT, POTATO, CORN, BEANS, TOMATO, CUCUMBER, PARSLEY, DILL, CHIVES, LEMON JUICE, VINEGAR, MUSTARD, KETCHUP.

CONTAINS: MEAT, SOY, WHEAT, PEANUT

Nutrition Facts	
Amount Per Serving	
Total Fat	15g
Sodium	1,200mg
Total Crap	610

NET WT. 6 OZ (170g) 6.718.88002



CLUB SUPREME SUB SANDWICH
NET WT. 6 OZ (170g) 6.718.88001
390 CAL PER SERVING

CLUB SUPREME SUB SANDWICH

INGREDIENTS: CLUB SUPREME, CHEDDAR CHEESE, MAYONNAISE, BUTTER, SUB BREAD, SALT, PEPPER, GARLIC, ONION, CELERY, CARROT, POTATO, CORN, BEANS, TOMATO, CUCUMBER, PARSLEY, DILL, CHIVES, LEMON JUICE, VINEGAR, MUSTARD, KETCHUP.

CONTAINS: MEAT, SOY, WHEAT, PEANUT

Nutrition Facts	
Amount Per Serving	
Total Fat	15g
Sodium	1,200mg
Total Crap	390

NET WT. 6 OZ (170g) 6.718.88001



CHICKEN SALAD CROISSANT SANDWICH
NET WT. 6 OZ (170g) 6.718.88001
510 CAL PER SERVING

CHICKEN SALAD CROISSANT SANDWICH

INGREDIENTS: CHICKEN SALAD, CHEDDAR CHEESE, MAYONNAISE, BUTTER, CROISSANT, SALT, PEPPER, GARLIC, ONION, CELERY, CARROT, POTATO, CORN, BEANS, TOMATO, CUCUMBER, PARSLEY, DILL, CHIVES, LEMON JUICE, VINEGAR, MUSTARD, KETCHUP.

CONTAINS: MEAT, SOY, WHEAT, PEANUT

Nutrition Facts	
Amount Per Serving	
Total Fat	15g
Sodium	1,200mg
Total Crap	510

NET WT. 6 OZ (170g) 6.718.88001



TURKEY & CHEESE DARK WHEAT SANDWICH
NET WT. 7 OZ (198g) 6.718.88001
570 CAL PER SERVING

TURKEY & CHEESE DARK WHEAT SANDWICH

INGREDIENTS: TURKEY BREAST, CHEDDAR CHEESE, MAYONNAISE, BUTTER, DARK WHEAT BREAD, SALT, PEPPER, GARLIC, ONION, CELERY, CARROT, POTATO, CORN, BEANS, TOMATO, CUCUMBER, PARSLEY, DILL, CHIVES, LEMON JUICE, VINEGAR, MUSTARD, KETCHUP.

CONTAINS: MEAT, SOY, WHEAT, PEANUT

Nutrition Facts	
Amount Per Serving	
Total Fat	15g
Sodium	1,200mg
Total Crap	570

NET WT. 7 OZ (198g) 6.718.88001



HAM & CHEESE DARK WHEAT SANDWICH
INGREDIENTS: WHOLE GRAIN WHEAT BREAD, HAM, CHEDDAR CHEESE, MAYONNAISE, KETCHUP, SALT, PEPPER, GARLIC POWDER, ONION POWDER, DEXTROSE, SUGAR, YEAST, WATER, EGGS, BUTTER, VITAMINS, MINERALS, AND PRESERVATIVES TO PREVENT Spoilage.

Nutrition Facts	
Amount Per Serving	
Calories 370	
Total Fat	15g
Total Crap	15g
Total Sugar	15g
Total Protein	15g

Fresh & Ready Foods LLC, San Francisco, CA 94101



EL CUBANO SANDWICH
INGREDIENTS: WHOLE GRAIN WHEAT BREAD, HAM, CHEDDAR CHEESE, MAYONNAISE, KETCHUP, SALT, PEPPER, GARLIC POWDER, ONION POWDER, DEXTROSE, SUGAR, YEAST, WATER, EGGS, BUTTER, VITAMINS, MINERALS, AND PRESERVATIVES TO PREVENT Spoilage.

Nutrition Facts	
Amount Per Serving	
Calories 610	
Total Fat	15g
Total Crap	15g
Total Sugar	15g
Total Protein	15g

Fresh & Ready Foods LLC, San Francisco, CA 94101



TURKEY & CHEESE FOCACCIA SANDWICH
INGREDIENTS: WHOLE GRAIN WHEAT BREAD, HAM, CHEDDAR CHEESE, MAYONNAISE, KETCHUP, SALT, PEPPER, GARLIC POWDER, ONION POWDER, DEXTROSE, SUGAR, YEAST, WATER, EGGS, BUTTER, VITAMINS, MINERALS, AND PRESERVATIVES TO PREVENT Spoilage.

Nutrition Facts	
Amount Per Serving	
Calories 470	
Total Fat	15g
Total Crap	15g
Total Sugar	15g
Total Protein	15g

Fresh & Ready Foods LLC, San Francisco, CA 94101



TURKEY & CHEESE MEGA SANDWICH
INGREDIENTS: WHOLE GRAIN WHEAT BREAD, HAM, CHEDDAR CHEESE, MAYONNAISE, KETCHUP, SALT, PEPPER, GARLIC POWDER, ONION POWDER, DEXTROSE, SUGAR, YEAST, WATER, EGGS, BUTTER, VITAMINS, MINERALS, AND PRESERVATIVES TO PREVENT Spoilage.

Nutrition Facts	
Amount Per Serving	
Calories 510	
Total Fat	15g
Total Crap	15g
Total Sugar	15g
Total Protein	15g

Fresh & Ready Foods LLC, San Francisco, CA 94101



TURKEY CRANBERRY MULTIGRAIN SANDWICH
INGREDIENTS: WHOLE GRAIN WHEAT BREAD, HAM, CHEDDAR CHEESE, MAYONNAISE, KETCHUP, SALT, PEPPER, GARLIC POWDER, ONION POWDER, DEXTROSE, SUGAR, YEAST, WATER, EGGS, BUTTER, VITAMINS, MINERALS, AND PRESERVATIVES TO PREVENT Spoilage.

Nutrition Facts	
Amount Per Serving	
Calories 370	
Total Fat	15g
Total Crap	15g
Total Sugar	15g
Total Protein	15g

Fresh & Ready Foods LLC, San Francisco, CA 94101



TURKEY & CHEESE MULTIGRAIN SANDWICH
INGREDIENTS: WHOLE GRAIN WHEAT BREAD, HAM, CHEDDAR CHEESE, MAYONNAISE, KETCHUP, SALT, PEPPER, GARLIC POWDER, ONION POWDER, DEXTROSE, SUGAR, YEAST, WATER, EGGS, BUTTER, VITAMINS, MINERALS, AND PRESERVATIVES TO PREVENT Spoilage.

Nutrition Facts	
Amount Per Serving	
Calories 490	
Total Fat	15g
Total Crap	15g
Total Sugar	15g
Total Protein	15g

Fresh & Ready Foods LLC, San Francisco, CA 94101



CLUB SUPREME SUB SANDWICH
INGREDIENTS: WHOLE GRAIN WHEAT BREAD, HAM, CHEDDAR CHEESE, MAYONNAISE, KETCHUP, SALT, PEPPER, GARLIC POWDER, ONION POWDER, DEXTROSE, SUGAR, YEAST, WATER, EGGS, BUTTER, VITAMINS, MINERALS, AND PRESERVATIVES TO PREVENT Spoilage.

Nutrition Facts	
Amount Per Serving	
Calories 390	
Total Fat	15g
Total Crap	15g
Total Sugar	15g
Total Protein	15g

Fresh & Ready Foods LLC, San Francisco, CA 94101



TURKEY & CHEESE ON WHEAT SANDWICH
INGREDIENTS: WHOLE GRAIN WHEAT BREAD, HAM, CHEDDAR CHEESE, MAYONNAISE, KETCHUP, SALT, PEPPER, GARLIC POWDER, ONION POWDER, DEXTROSE, SUGAR, YEAST, WATER, EGGS, BUTTER, VITAMINS, MINERALS, AND PRESERVATIVES TO PREVENT Spoilage.

Nutrition Facts	
Amount Per Serving	
Calories 320	
Total Fat	15g
Total Crap	15g
Total Sugar	15g
Total Protein	15g

Fresh & Ready Foods LLC, San Francisco, CA 94101



TURKEY & BACON MULTIGRAIN SANDWICH
INGREDIENTS: WHOLE GRAIN WHEAT BREAD, HAM, CHEDDAR CHEESE, MAYONNAISE, KETCHUP, SALT, PEPPER, GARLIC POWDER, ONION POWDER, DEXTROSE, SUGAR, YEAST, WATER, EGGS, BUTTER, VITAMINS, MINERALS, AND PRESERVATIVES TO PREVENT Spoilage.

Nutrition Facts	
Amount Per Serving	
Calories 390	
Total Fat	15g
Total Crap	15g
Total Sugar	15g
Total Protein	15g

Fresh & Ready Foods LLC, San Francisco, CA 94101



HAM & CHEESE ON WHEAT SANDWICH
INGREDIENTS: WHOLE GRAIN WHEAT BREAD, HAM, CHEDDAR CHEESE, MAYONNAISE, KETCHUP, SALT, PEPPER, GARLIC POWDER, ONION POWDER, DEXTROSE, SUGAR, YEAST, WATER, EGGS, BUTTER, VITAMINS, MINERALS, AND PRESERVATIVES TO PREVENT Spoilage.

Nutrition Facts	
Amount Per Serving	
Calories 320	
Total Fat	15g
Total Crap	15g
Total Sugar	15g
Total Protein	15g

Fresh & Ready Foods LLC, San Francisco, CA 94101



CHICKEN SALAD ON WHEAT SANDWICH
INGREDIENTS: WHOLE GRAIN WHEAT BREAD, HAM, CHEDDAR CHEESE, MAYONNAISE, KETCHUP, SALT, PEPPER, GARLIC POWDER, ONION POWDER, DEXTROSE, SUGAR, YEAST, WATER, EGGS, BUTTER, VITAMINS, MINERALS, AND PRESERVATIVES TO PREVENT Spoilage.

Nutrition Facts	
Amount Per Serving	
Calories 380	
Total Fat	15g
Total Crap	15g
Total Sugar	15g
Total Protein	15g

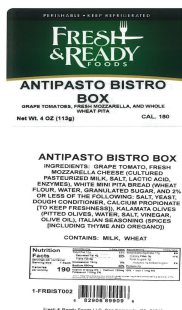
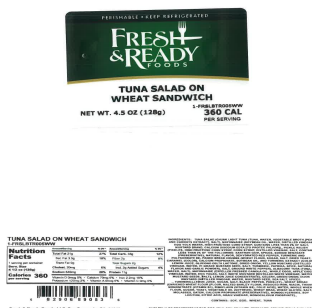
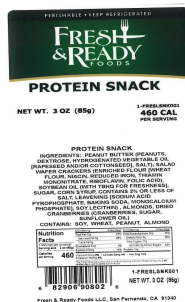
Fresh & Ready Foods LLC, San Francisco, CA 94101

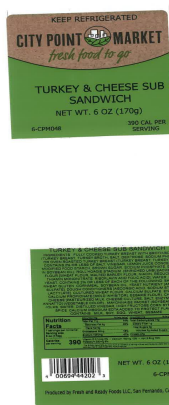
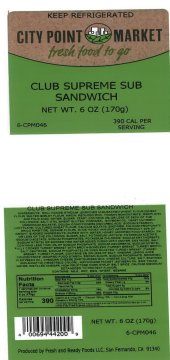
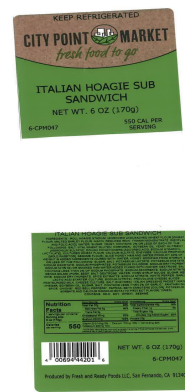
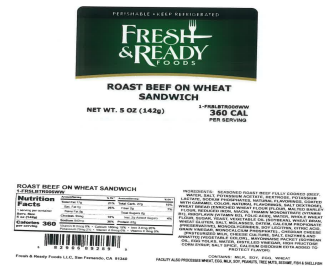
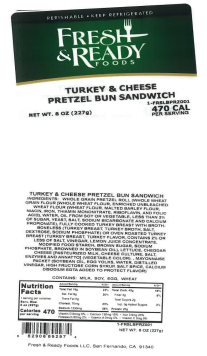


EGG SALAD ON WHEAT SANDWICH
INGREDIENTS: WHOLE GRAIN WHEAT BREAD, HAM, CHEDDAR CHEESE, MAYONNAISE, KETCHUP, SALT, PEPPER, GARLIC POWDER, ONION POWDER, DEXTROSE, SUGAR, YEAST, WATER, EGGS, BUTTER, VITAMINS, MINERALS, AND PRESERVATIVES TO PREVENT Spoilage.

Nutrition Facts	
Amount Per Serving	
Calories 350	
Total Fat	15g
Total Crap	15g
Total Sugar	15g
Total Protein	15g

Fresh & Ready Foods LLC, San Francisco, CA 94101





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MEGA ITALIAN SANDWICH

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Ingredients: Italian Sandwich Bread, Italian Dressing, Italian Meatballs, Italian Sauce, Italian Cheese, Italian Herbs, Italian Seasoning, Italian Oil, Italian Vinegar, Italian Mustard, Italian Ketchup, Italian Mayo, Italian Pickles, Italian Onions, Italian Peppers, Italian Tomatoes, Italian Mushrooms, Italian Olives, Italian Anchovies, Italian Capers, Italian Basil, Italian Parsley, Italian Garlic, Italian Onion Powder, Italian Black Pepper, Italian Red Pepper Flakes, Italian Oregano, Italian Thyme, Italian Rosemary, Italian Sage, Italian Marjoram, Italian Dill, Italian Fennel, Italian Anise, Italian Cardamom, Italian Cumin, Italian Coriander, Italian Mustard Seed, Italian Sesame Seed, Italian Poppy Seed, Italian Flax Seed, Italian Sunflower Seed, Italian Pumpkin Seed, Italian Hemp Seed, Italian Chia Seed, Italian Flax Meal, Italian Sunflower Meal, Italian Pumpkin Meal, Italian Hemp Meal, Italian Chia Meal.

Net Wt. 1.5 Lb. (675g)

Nutrition Facts	
Per Serving (1/2 Sandwich)	
Amount	
Total Fat	10g
Total Crap	10g
Total Sugar	10g
Total Protein	10g
Total Cholesterol	10g
Total Sodium	10g
Total Fiber	10g
Total Fat	10g
Total Crap	10g
Total Sugar	10g
Total Protein	10g
Total Cholesterol	10g
Total Sodium	10g
Total Fiber	10g
Total Fat	10g
Total Crap	10g
Total Sugar	10g
Total Protein	10g
Total Cholesterol	10g
Total Sodium	10g
Total Fiber	10g
Total Fat	10g
Total Crap	10g
Total Sugar	10g
Total Protein	10g
Total Cholesterol	10g
Total Sodium	10g
Total Fiber	10g
Total Fat	10g
Total Crap	10g
Total Sugar	10g
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Total Crap	10g
Total Sugar	10g
Total Protein	10g
Total Cholesterol	10g
Total Sodium	10g
Total Fiber	10g
Total Fat	10g

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